

02/04/2022

Dear Tillamook County Community:

We are pleased to announce that Tillamook County Community Health Center has received an additional small supply of iHealth COVID-19 quick antigen home-test kits, that will be distributed to the community, across all areas of the county at no cost.

These COVID-19 home test kits were made available to our agency to increase access to COVID-19 testing for populations and groups of people that have been disproportionately impacted by COVID-19. Tillamook County's equity plan can be found on Oregon Health Authority's COVID-19 page at <https://govstatus.egov.com/OR-OHA-COVID-19> under "county equity plans."

For those who would like to pick-up a COVID-19 home test-kit, the kits are available for pickup at the following locations and days:

### Central County

- Monday, February 07, 2022, 2pm – 4pm: The Red Barn at Tillamook County Creamery Association, 4165 Hwy 101 N, Tillamook, OR 97141 (enter from Latimer Rd. not Highway 101).
- Monday, February 07, 2022, 4:30pm – 6:30pm: Tillamook County Fairgrounds Convention Center, 4603 3rd St, Tillamook, OR 97141.

### South County

- Tuesday, February 08, 2022, 2pm – 4pm: Nestucca Rural Fire District Hebo Fire Station 87, 30710 Highway 101 S, Cloverdale, OR 97112.
- Tuesday, February 08, 2022, 4:30pm – 6:30pm: South Tillamook County Library, 6200 Camp St, Pacific City, OR 97135.

### North County

- Friday, February 11, 2022, 2pm – 4pm: Rockaway Beach Chamber of Commerce, 103 S 1st St, Rockaway Beach, OR 97136.
- Friday, February 11, 2022, 4:30pm – 6:30pm: Saint Catherine's Episcopal Church, 36335 Hwy 101 N, Nehalem, OR 97131.

**Due to the limited supply, only one test kit containing two tests will be provided per person at the pick-up locations.**

If Tillamook County Community Health Center receives additional COVID-19 home test kits, then additional dates may be added to the above schedule. An update will be provided when



available. Up to four, free COVID-19 home tests kits are available to each household in the U.S., delivered to your residence by using the federal site: <https://www.covidtests.gov/>.

We understand how difficult this time is for everyone. We urge you all to continue to follow COVID-19 safety precautions.

**If you do have a positive test result**, please report your test result as soon as possible to Oregon Health Authority at: [Oregon.gov/positivecovidtest](https://Oregon.gov/positivecovidtest) or by calling OHA COVID-19 Hotline at: 866-917-8881. Resources and information on isolation and quarantine guidance are available from the Oregon Health Authority site listed above.

For more information on the iHealth COVID-19 home test-kit, please see: <https://sharedsystems.dhsoha.state.or.us/DHSForms/Served/le4033.pdf?fbclid=IwAR1LY9Cp3rft90NNFEZuIxxv9wFIB2kf5D5AvJbMclwt76dDZuRTJWSiDrJk>

There are safe and early treatment options available for COVID-19 including antiviral oral medication. Some treatment options need to be started as early as 5 days from the date of the positive test. If you do have a positive COVID-19 test result and have mild to moderate symptoms such as fever, shortness of breath or cough, please contact your healthcare provider right away, and especially if you have chronic medical conditions that may place you at higher risk of becoming very ill from COVID-19. If you do not have a healthcare provider, call Adventist pharmacy at 503-815-2341 to speak to a pharmacist. Consider establishing care with a provider using the following contacts: Tillamook County Community Health Center (503-842-3900), Adventist Health Tillamook (503-842-5546) or Rinehart Clinic (1-800-368-5182).

If you have COVID-19 related questions or need additional support, please contact the public health nurse line at 503-842-3940. Calls are returned within 24 business hours. If you are in need of testing from a healthcare facility, **COVID-19 testing can be sought through:**

- Tillamook County Community Health Center (503-842-3900)
- Adventist Health, Tillamook (503-842-5546)
- Rinehart Clinic (1-800-368-5182)
- Adventist Health, Tillamook – Manzanita Urgent Care (503-368-6244)

A copy of this news release in English and Spanish is available at:

<https://tillamookchc.org/more-free-home-covid-tests-in-tillamook-county/>

### **About Tillamook County Community Health Centers**

TCCHC has been a Federally Qualified Health Center since 1994, providing medical, dental, behavioral, and public health services. Please visit our website at <https://tillamookchc.org/> or on Facebook at TillamookCHC.

###

