

EVITE

Sobras

**Cocidas,
listas para
comer**

**Verduras
lavadas**

*Carne de res,
cerdo, huevos,
pescado*

CRUDOS

Carnes molidas

Hamburguesas

CRUDAS

Aves

*Carne de
pollo/pavo*

CRUDAS



**Cooked
Ready to Eat**

Leftovers

**Washed
Produce**

RAW

Beef, Eggs

Pork, Fish

RAW

Ground Meats

Hamburger

RAW

Poultry

Chicken/Turkey

LA CONTAMINACIÓN CRUZADA

Fairfax County Health Department
703-246-2444 TTY: 711
www.fairfaxcounty.gov/hd

